## Patient Injecting Insulin



ANNUAL REVIEW – DON'T FORGET!



## **CHECK!**

- · Insulin pen/device and technique
- · Blood glucose meter and record book
- · Insulin passport
- · Correct dose

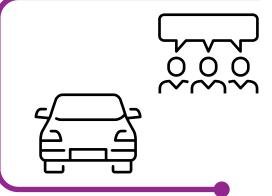
EDEN TOP TIP – See for yourself! Do they need replacing? Is the patient still able to use them safely?



## **CHANGE!**

- Changing the lancet every test?
- · Changing the needle every injection?
- Changing the site every injection\*?

EDEN TOP TIP – See for yourself! ALWAYS look at and feel injection sites (as TREND\* guidelines) When changing sites due to hypertrophy, a reduction in Insulin will be needed to avoid hypoglycaemia risks



## CHAT!

- Hypo's and treatments\*
- · Driving \*\*
- · Sick day rules\*

EDEN TOP TIP – ALWAYS discuss hypo's. ACT to prevent them. GIVE leaflets available at TREND\*, Diabetes UK and DVLA\*\*. Check BG readings.

Check our website, we are currently running 'Annual Review and Insulin training for all HCP's involved in caring for people living with diabetes.

For further information contact:

Tel: 0116 258 4674 www.edendiabetes.com





