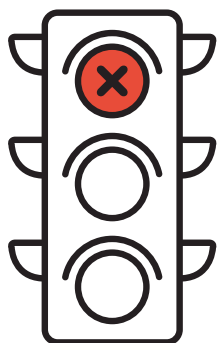


Assisting patients with diabetes

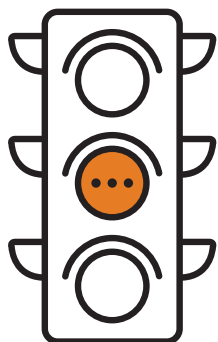
eden

FOR RECEPTION STAFF/PATIENT SERVICES.



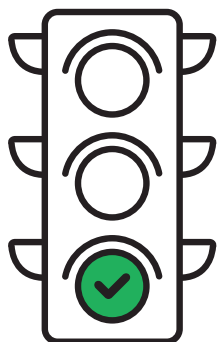
URGENT! THE FOLLOWING CASES NEED TO BE DEALT WITH TODAY BY GP OR DIABETES LEAD PRACTICE NURSE/ PHARMACIST/MEDIC. IF UNABLE TO BOOK, ADVISE PATIENT TO GET A LIFT TO A&E IMMEDIATELY/PHONE 111

- Symptoms of: Thirst and passing urine frequently, weight loss and tiredness, blurred vision.
- Symptoms of: Abdominal pain, diarrhoea, vomiting, risk of dehydration, unusual breathing, unusual breath smell (will need ketones checking)
- Foot and lower leg symptoms: Red, hot, swelling, inflammation, leaking fluid, painful or not, offensive smell.
- Blood Pressure 180/120 or higher
- Pregnant women with any of the above.
- New wound or injury to foot



THE FOLLOWING PATIENTS ARE NOT URGENT FOR THE DAY, BUT NEED TO BE DEALT WITH ASAP OR WITHIN ONE WEEK BY A GP OR DIABETES LEAD PRACTICE NURSE/PHARMACIST/MEDIC.

- Unexplained or frequent low blood glucose readings (hypos) ie. Less than 4mmol/l
- Consistently high blood glucose readings ie. More than 15mmol/l
- Existing foot ulcerations (if not under podiatry)
- Running out of diabetes medication or equipment/medication queries, including needles, lancets, test kits.
- Injection site or technique queries.
- Suspected Type 2 Diabetes



THE FOLLOWING PATIENTS SHOULD BE DEALT WITH WITHIN ONE MONTH IF POSSIBLE BY HCA/PRACTICE NURSE

- Urine Albumin to Creatinine Ratio (ACR) not tested in last 6-12 months (send lab sample if patient unable to do home test)
- Blood Pressure, Cholesterol, BMI and Flu/Pneumonia vaccine outstanding on QOF pop up.
- Patients recently discharged from hospital
- Annual review due/overdue.

4 T's - Thirsty, Toilet, Tired, Thinner – Patients without diabetes of any age with these symptoms should be seen urgently.

Eden Top Tips:

1. Symptoms need attention!
2. Ask patients to bring test kit, record book, insulin pen devices to all appointments
3. Urine samples are important!

For further information contact:

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